



























IDENTIFICATION OF THE 14 MAIN ALLERGENS OF THE SAFRAN

												SO₂		
	Cereals containing gluten (wheat, rye, barley, oats ...)	Shellfish and shellfish-based products	Eggs and egg-based products	Fish and fish-based products	Peanuts and peanut-based products	Soya and soya-based products	Milk and milk-based products (including lactose)	Nuts (almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios ...)	Celery and celery-based products	Mustard and mustard-based products	Sesame seeds and sesame seed-based products	Sulphur dioxide and sulphites	Lupin and lupin-based products	Molluscs and mollusc-based products
Grilled aubergine gazpacho							X							
Fish soup	X	X	X	X		X			X			X		X
Ceviche of tuna fish				X			X				X	X		
Sliced avocado with crab meat		X	X				X			X				
Asparagus and organic soft-boiled egg	X		X				X					X		
Semi-cooked foie gras	X						X					X		
Oysters from the rhuys peninsula												X		X
Plate of shrimps		X	X							X		X		
Seafood selection		X	X							X		X		X
Seafood platter		X	X							X		X		X
Curry flavoured wheat pilaf	X						X							
Poke bowl with Soba noodles	X					X	X							
Cockles and clams mariniere							X					X		X
Monkfish tournedos in Nori seaweed	X			X			X							
Oven-roasted Tiger Prawns		X					X							
Thick-cut hake and razor clams	X			X			X					X		X
Veal T-bone with morels							X					X		
Breizh Burger with Tome de Rhuys	X						X					X		
Pan-fried fillet of beef with peppercorns							X					X		
Loin of lamb (6 ribs) in a herb crust	X						X					X		
Crème brûlée with Bourbon vanilla			X				X							
Red fruit macaron			X				X	X						
Chocolate-praline with sunflower seeds			X				X	X						
Harmony of rhubarb and raspberries			X				X							
The strawberry	X		X				X	X		X				
Mixture of seasonal fruit	X		X				X	X						
Orchard fruit with Timut, ice cream			X					X						
Refreshing dessert with seasonal sorbets	X		X				X	X						
Almond milk strawberry terrine			X				X							
Gourmet coffee	X		X				X	X						

IDENTIFICATION OF THE 14 MAIN ALLERGENS OF THE FUSION MENU

												SO₂		
	Cereals containing gluten (wheat, rye, barley, oats ...)	Shellfish and shellfish-based products	Eggs and egg-based products	Fish and fish-based products	Peanuts and peanut-based products	Soya and soya-based products	Milk and milk-based products (including lactose)	Nuts (almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios ...)	Celery and celery-based products	Mustard and mustard-based products	Sesame seeds and sesame seed-based products	Sulphur dioxide and sulphites	Lupin and lupin-based products	Molluscs and mollusc-based products
Ceviche of tuna fish, seaweed tartare and lemon grass flavours, yuzu cream				X			X					X		X
Semi-cooked foie gras with passion fruit and mangoes	X							X				X		
Champagne calamondin granita														
Oven-roasted Tiger Prawns, spring vegetables, beurre monté		X					X					X		X
Platter of Breton cheeses, mixed salad baby leaf with appel and walnuts							X	X				X		
Red fruit pieces	X		X			X	X	X						